

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 3:30 Designing Wooden Ornaments	10:15 Morning News 10:30 Meditative Yoga 2:00 Yam Slam Game 3:00 Literary Corner: Charles Dickens/A Christmas Carol	10:15 News Update 10:30 ABC Fitness 2:00 Rosary Group – RR 2:00 Card Creations and Clay Ornaments- Session 1	10:15 Wiser Wednesday 10:30 Movement and Music Discussion 2:00 Classic Toys 2:45 Bingo	10:15 Local News 10:30 Coffee and Donut Social 2:00 Holiday Name Five Game 2:45 Chair One Fitness	10:15 World News 10:30 Fitness Fun 2:00 Clay Ornaments- Session 2 3:00 St Nicholas Trivia 5:00 Egg Nog Party Café Lobby	10:30 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites 1:20 Afternoon Movie 3:30 It's a Wonderful Life Palooza
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 3:30 Penny Ante Game	10:30 Movin Monday Exercise 2:00 Protestant Communion- Day Room 2:30 Kings in the Corner Game 3:00 Sherwood Singers Show- Day Room	10:30 Sing-along Fitness 2:00 Rosary Group – RR 2:30 Travelogue: Christmas Markets and Chocolates	10:15 Word of the Day 10:30 Chair One Fitness 2:00 Recycled Object Reindeer Craft 3:30 Brain Games	10:15 On This Day in History 10:30 Thursday Tone-Up 11:00 Catholic Mass 2:00 The Twelve Days of Christmas Trivia and Game 3:15 Decorating Mini stockings	10:30 Friday Fitness 1:20 Afternoon Movie 3:30 Pass the Present Game	10:30 Saturday Sit and Stretch 1:20 Afternoon Movie 3:30 Holiday Jeopardy Game
9:30-11:00 Catholic Communion 10:30 Devotions: Joys of the Season 1:20 Afternoon Movie 3:30 Card Games	10:30 Monday Fitness 1:30 Afternoon Movie 3:30 Dolly Sheep and Ornament Craft	10:15 Local News 10:30 Chair One Fitness 1:30 Longest Night Service Auditorium/Card Room 2:00 Rosary Group – RR 2:00 Ornament Crafts 3:30 St. Nicholas History and Trivia	10:15 Word of the Day 10:30 Wednesday Workout 2:00 Holiday Social 3:30 Guess the Christmas Carols	10:15 Good News Day 10:30 Fitness Challenge 2:00 Make an Angel Ornament and World Christmas Traditions 4:30 Resident Holiday Party Café/Lobby	10:30 World News 11:30 Resident Holiday Lunch Auditorium/Card Room 1:20 Afternoon Movie 3:30 Christmas Carol Sing-along	10:30 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites 1:20 Afternoon Movie 3:30 First Day of Winter Games <small>Winter Begins</small>
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 3:30 Book Club	10:15 Weekend Updates 10:30 Resident Council Meeting and special reading/social 2:00 Festivus Trivia, Science and Scents of the Season 3:00 Christmas Quiz	10:15 Holiday News 10:30 Tuesday Tone-Up 2:00 Rosary Group – RR 2:00 Literary Corner: 'Twas the Night Before Christmas: Tea and Cookies	10:30 Holiday Stretch 1:20 Afternoon Movie 3:30 Christmas Social and Sing-along <small>Christmas Hanukkah Begins</small>	10:15 On this Day in History 10:30 Chair Yoga 2:00 Kwanzaa, Hanukkah and other holiday traditions 3:00 Scattegories Game <small>Boxing Day (Canada) Kwanzaa Begins</small>	10:15 World News 10:30 Fitness Fun 2:00 Pokeno Game 3:00 Laughter is the Best Medicine: Smiles and Jokes	10:30 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites 1:20 Afternoon Movie 3:30 Snowman Scarf Craft
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 3:30 Card Bingo	10:30 Monday Move and Groove 1:20 Afternoon Movie 3:30 Classical Music Afternoon with Roberta	10:30 Count Down Fitness 1:20 Afternoon Movie 2:00 Rosary Group – RR 3:15 New Year's Social and Game <small>New Year's Eve</small>	<h1>December 2024</h1> <h2>Sherwood Oaks Personal Care</h2>			

Activities are subject to change